



David Shuping, M.S., M.C/Psy.

CHRISTIAN COUNSELING SERVICES

Looking for a Christian Counseling option? Help is available!

What is Christian Counseling? Christian counseling, also known as biblical counseling or Christian psychology, combines your faith with the principles of psychology to improve your mental health and relationships. This therapy approach uses both scripture and biblical teachings, interwoven with modern psychological methods to help you deal with life's challenges. Christian counseling is distinct from state-licensed mental health, addiction, behavioral or marital counseling, though it can certainly address many of the same issues and supplement that type of counseling with a spiritual perspective.

David Shuping, Family Life Minister, offers Christian Counseling services to members of the Body of Christ and to the community. He has been a born-again believer since 1979. He holds graduate degrees from Southern Christian University (M.S.) and Carolina University of Theology (M.C/Psy.) He is a member of the American Association of Christian Counselors (AACC) and provides guidance, direction, coaching, and counseling services, under the AACC Code of Ethics. He has served God in the preaching ministry (11 years experience), previously maintained a counseling practice for 7 years, and has over 27 year's experience in the child welfare arena (currently a full-time supervisor in the foster care division of the Department of Social Services). He is now taking new clients for consultation, assessment, and on-going counseling services. Areas where assistance is offered, just to name a few are; marriage and pre-marital counseling, anxiety, family counseling (including children), relationship, career counseling, pornography addiction, divorce, and grief counseling. He is trauma-informed trained to offer help to those who have experienced complex trauma. Mr. Shuping's practice is peer reviewed by Brendon Mann LCMHC. Christian Counseling services are offered to Church members and the community. Individual and family services are offered at no cost, except for a one-time fee of twenty dollars, donated to the Hickory Church at the time of the clinical assessment and development of a person-centered treatment plan. You may reach out to David and leave a voice mail at [980-525-7384](tel:980-525-7384), or send him an email at hcocfamilylifeministry@yahoo.com. He will respond as soon as possible to set up a consultation appointment. Appointment times vary and are currently limited to a few evenings a week and Sunday afternoon.

So, if you are in need of Christian counseling, help is only a phone call away!

Call for Appointment:
980-525-7384

1212 Fairgrove Church Rd
Hickory, NC 28602